

***For ALL Ages!***

***Foodshare's***

# ***HUNGER 101***

**Sunday, February 22**

**5-7 p.m.**

**Avon Congregational Church**

**6 West Main Street**

**Avon, CT**

An opportunity to learn about hunger and food insecurity in our towns. Avon Congregational Church is hosting Foodshare's *Hunger 101*, a unique program designed to increase our understanding of hunger and its many causes.

Through role-play and discussion, this one-hour event allows you to experience the challenges of feeding a family on a limited budget, using available social services.

Appropriate for Grade 5 and up, but younger kids can partner with a parent.

Potluck – bring a salad, entrée or dessert to share!

***RSVP: 860-678-0488 or [ceminister@avon-church.org](mailto:ceminister@avon-church.org)***

